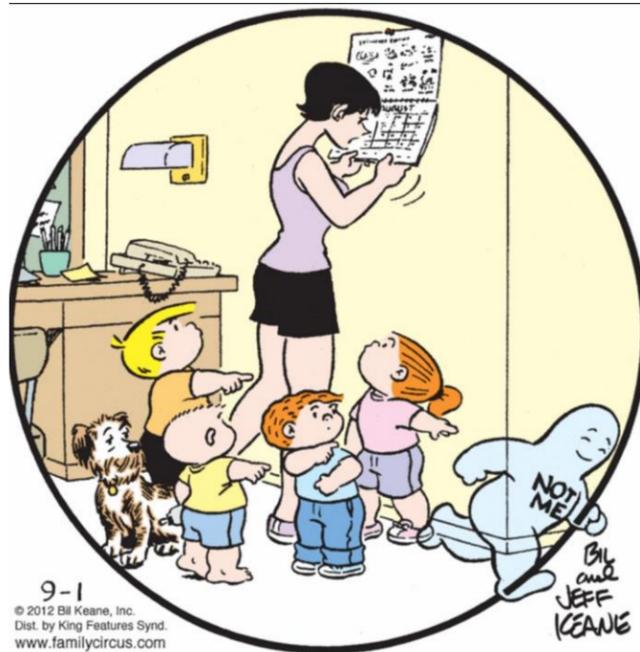




Comedy Corner



9-1
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**“Who stapled the calendar so
 I can’t turn to September?”**

September Birthdays

Residents:

Sept 1st Cora P
 Sept 1st Carrol L
 Sept 7th Helen R
 Sept 8th Carol T
 Sept 10th Barb H
 Sept 11th Carol B
 Sept 13th Maxine L
 Sept 20th Lucy L
 Sept 29th Andrew J

Staff:

Sept 4th Bonita S
 Sept 10th Sherry O
 Sept 13th Jere G
 Sept 17th Tracy C
 Sept 20th Samantha D
 Sept 30th Hali M

Happy Birthday, Everyone!

Celebrating September

Intergeneration Month

Hispanic Heritage Month

Sewing Month

World Beard Day

September 4

Labor Day (U.S.)

September 6

Wonderful Weirdos Day

September 9

Patriot Day

September 11

Yom Kippur

September 15

(Begins at sundown)

International Country

Music Day

September 17

One-Hit Wonder Day

September 25

Fall Foliage Week

September 26–October 2

Ancestor Appreciation Day

September 27

A Bittersweet Announcement

Dear Friends and Family of Cherry Hill Haven,

There is no easy way to say this, but it is time for me to say goodbye as I begin a new chapter in my life.

Over the past 3+ years at Cherry Hill, I have had the privilege of serving the most incredible seniors I’ve ever known. We’ve shared innumerable songs, walks, and moments of joy together; and I am fortunate to have learned so much from all of the residents and their families. Everyone has left an impression in my memory and on my heart, and I will carry them with me for the rest of my life.

Thank you for sharing your precious loved ones with me, and with all of the staff at Cherry Hill. The residents, families and staff become like family, and I am honored to be part of this extended family.

Life Enrichment will continue, as our faithful volunteers and our partnership with Singing Heart to Heart Music Program will proceed as regulations allow. And I am sure that the next Life Enrichment Director will add even more wonderful elements to the residents’ lives here.

After September 10th, life enrichment questions can be directed to Jere until further notice.

Wishing You Wellness
 and Joy,

Hali McRoberts



Joy in Refuge

For the past three days, Michigan has been plagued with intense humidity resulting in storms with very strong winds, thunder, lightning and rain! These storms have brought about destruction to property, loss of electricity and fear within our hearts and minds. We wonder when we need to take refuge.

Throughout scripture God's people have been plagued with fear and the need to take refuge. Take for instance Daniel, who was thrown into the lion's den because he refused to bow down to King Darius. As the lion's circled around Daniel, God sent an angel to close the mouths of the lions (6.22).

Then there is Jonah. God called Jonah to travel to the city of Nineveh to convince the people to leave their wicked ways. Jonah decided not to obey God and instead he tried to run away from God by hopping onto a ship going in another direction! A terrible storm came, wildly tossing the ship about the water. Jonah convinced the crew he was the reason for the storm and so they tossed him overboard! He was then swallowed by a large fish and sat inside that fish for three days until he was spit out onto the shore (Jonah 1&2).

Another story of refuge in scripture comes from the story of Rahab. Rahab was a prostitute living in the city of Jericho. The walls of Jericho protected the city from invaders, however, the Israelites sent in two spies to check out the city. When the city guards heard about these two spies, they went looking for them. Rahab hid the spies from the city guards under some hay on the roof of her house. After the city guards left, the spies thanked Rahab and she asked them that in return for hiding them, to spare her family from harm when Israel invaded Jericho. Rahab and her family were spared on that day. They came to know the Lord and a part of the family of Israel (Joshua 2).

As we look at the places of refuge God provided for his people, we see Daniel found refuge in the protection of the angel shutting the lions' mouths. Jonah found refuge in the belly of the great fish and the spies found refuge under the stack of hay on the roof of a prostitute's home. In each of these places of refuge there was joy. The joy of being sheltered from danger, the joy of finding refuge in a second chance and the joy of finding salvation in God.

If we only look at the logistics of where we have found protection in different moments in our life and we do not look at the joy from the Lord, then we have missed the beautiful transformation it will have in our lives as it did for Daniel, Jonah and Rahab.

Praise the Lord that the joy of the Lord is my refuge (Psalm 18:12)

Chaplain Val
Baruch Senior Ministries

Balloon Volley!



Welcoming a New Stylist

We're grateful to have licensed cosmetologist Karin Cascaddan on our team. She brings 30 years of experience, including serving clients in long-term care facilities. If you haven't scheduled a haircut for your loved one yet, please email Karin at kmscascadden@charter.net.



Thank you, Pastor Steve!

We've been grateful to have the spiritual care of local pastor Steve Raddatz of Prince of Peace Lutheran Church. His weekly visits include a devotion, singing, prayer time and inquiry as to the residents' wellness. Thank you, Pastor Steve, for volunteering your time on behalf of our residents.



Walk to End Alzheimer's

This year's Walk to End Alzheimer's will be held on October 2nd at the Open Space in Traverse City. While current plans are for an in-person event, there will also be virtual and walk-from-home options.

Please join the Cherry Hill Team in walking and raising funds for this important cause!

Go to <http://act.alz.org/goto/cherryhillhaven> to join our team or to make a donation.



Gardening Fun!

