

Cherry Hill Haven | 4885 N Long Lake Rd, Traverse City MI 49684 | (231)-645-2341



## **Celebrating April**

**National Poetry Month!** 

Peanut Butter and Jelly Day

April 2

National Farm Animal Day

April 10th

Grilled Cheese Sandwich Day

April 12

National Gardening Day

April 14

World Art Day

April 15

**National Cheeseball Day** 

April 17

**Look-a-like Day** 

April 20

Earth Day April 22

National Picnic Day

April 23

International Dance Day

April 30

#### **April Devotion**

I remember in days gone by, when our kids would have swimming lessons at the pool. The kids would swim and the parents would wait in the bleachers on the sides. Most of the times the kids were too involved with splashing and jumping and paddling to notice the loving audience of parents watching over them. But every now and then, each child would intentionally turn and look for that one face that mattered. When I would see one of ours look over, I would hold up my

hand in the way that forms the "I Love You" in sign language. They would instantly smile, knowing what I was saying, even without spoken words, and then go back swimming but with a much more dedicated effort knowing that I was watching them. God too is a loving parent, watching over us and waiting for the chance to show us His love for us. However, just like my children had to



look to me to get that message, we too need to turn and look for His face or we will miss those messages. In an age of constant distractions, and the splashings of life that are happening all around us, we can forget to seek out the face of God, forget to see the sign of His love for us in Jesus Christ, and miss out on feeling His love for us. We need to examine our lives and find those tiny moments where He has showered us with signs of His great love for us and then do our best to remain in that love in all we do. "The Lord your God is in your midst, a mighty one who will save; he will rejoice over you with gladness; he will quiet you by his love; he will exult over you with loud singing." Zeph. 3:17 "But God, being rich in mercy, because of the great love with which he loved us, even when we were dead in our trespasses, made us alive together with Christ—by grace you have been saved."

Ephesians 2:4-5

Chaplain David Price

Wing-A-Thon!



Its that time of year again!

Our annual fundraiser is back.

You may be wondering, where does all the winga-thon money go? Well we use that money to ensure our lifetime promise! And keep everything running here at Cherry Hill Haven.

We've got two teams The Angel Wings, with our dynamic duo, caregivers Destiny and Kayleigh. Then we have Chick' n Boom, made up of powerhouses Ashley and John.



#### **Honesty and Deception**

You may find that April 4 goes against your moral code, for it's Tell a Lie Day. Many ethical people live by the credo "Always tell the truth." But do we? Researchers have discovered that most people tell occasional lies for several reasons. Sometimes we lie to gain other people's respect or to cover up for making mistakes. The good news is that most people lie to spare someone else's feelings from being hurt. If people choose to always be honest regardless of the consequences, that honesty could lead to injury or harm. Compassion may sometimes override honesty.

Lucky, then, that April 30 is Honesty Day. Honesty can certainly hurt sometimes, but it also takes courage and maturity to be honest in difficult situations. Furthermore, staying honest attracts other honest people to you. When you are surrounded by the truth, you can be your authentic self. The freedom that comes with honesty is worth celebrating!

#### Earth Day 2024 – Bird Feeders!

Rushing to work, rushing to get dinner on the table, rushing to the next task, how many times a day do you take a moment to breathe? To appreciate the fresh air

we have, the ground and soil beneath your feet, and the plants and animals that surround us? Our planet is beautiful, and it's the only one we have! Earth day is a day to appreciate the world we live in. At Cherry Hill

Haven this year we'll be making bird feeders for our feathered friends. Did you know there are 42 threatened bird species in Michigan?



#### A Dogs Life

We managed to sit down with one of our most



esteemed collegues for an exclusive interview. Pickles, the therapy Dog finally tells all. Pickles and his friends visit Cherry Hill Haven once every two weeks. We were extemely lucky to get this interview as he was engaged in one of his most important activities- snoozing.

A: Thank you so much for meeting with me. First I have to ask...how

long did you study to be a therapy dog?

P: I've been in training for 4 years, my whole adult life. And learning never stops as they say.

A: And the work really shows. I've never seen you jump on anyone, you come when called, you never bark...how do you keep your cool?

P: It's 50 % experience, someone who's new at this will get excited over a chewtoy or a fun new smell. To new therapy dogs everything is exciting. But me? I've seen it all. I can focus on the job. The other 50% is my partner. Humans can be tough to train, but when you put in the work its worth it, and I trust that when we're together, we can accomplish great things!

A: Whats your favorite part of the job?

P: Making people smile.

A: What do you like to do on your off time?

P: Spend time with my best friend Yoda, take my human for a walk, and of course, get my beauty sleep.

A: Finally, the most important question: Peanut Butter, or Bacon Treats?

P: It's hard, but I have to come out on the side of bacon!



### Spring into Spring!

We may not have felt it, but spring started on March 19<sup>th</sup>, during the March equinox. This is the moment when the northern and southern hemispheres have the same amount of Sun. However, most of us think of April when we think of Spring. It's a time of renewal, spring cleaning, flowers popping up from under the snow, and rain showers. Here at Cherry Hill Haven we've been doing some indoor flowers, enjoying the sun with some spring walks and expressing gratitude for this new season!



# World Art Day

April 15<sup>th</sup> is World Art Day! While we're trying to do a little art all the time at Cherry Hill Haven, on

World Art Day we'll be making some special art projects with our residents! If you're in town feel free to stop in and join in on the fun! The biggest obstacle to making art is often whether our art is "good" or not. Even our residents will

often be hesitant to try new activities or projects for fear of being bad at them. However, what we have to remember is the iov is in the journey. By simply creating you have enriched your life, and the lives of those around you. On April



15<sup>th</sup>, take some time to make something, even if its just a doodle.

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# National Poetry Month!

Launched by the Academy of American Poets in April 1996, National Poetry

Month is a special occasion that celebrates poets' integral role in our culture and that poetry matters. Over the years, it has become the largest literary celebration in the world, with tens of millions of readers, students, K–12 teachers, librarians, booksellers, literary events curators, publishers, families, and—of course—poets, marking poetry's important place in our lives.

Whether you like Shel Silversteins silly poems, Robert Frost's nature poems, or Maya Angelou's emotional poem, take a moment to read a poem this month!

# **April Birthdays**

If you were born between April 1–19, you are Aries, the Ram. These independent adventurers like to strike out on their own and are natural leaders. Their enthusiasm and confidence give them big, outgoing personalities. Those born between April 20–30 are Bulls of Taurus. Bulls show a steady persistence in endeavors both professional and personal, and after working hard, they like to reward themselves for a job well done.

Community Birthdays
Nettie Hamilton – April 1
Glennice "Cis" Perrigo - April 3
Carole Sovia – April 5
Kenneth Wigton - April 6
Janice Haywood - April 15th