



	Sun 04-07-2024	Mon 04-08-2024	Tue 04-09-2024	Wed 04-10-2024	Thu 04-11-2024	Fri 04-12-2024	Sat 04-13-2024
B R E A K F A S T	Sausage Country Gravy and Biscuits Hash Browns Fresh Fruit 100% Juice Whole Grain Toast	Pancakes Fresh Fruit 100% Juice Fresh Biscuit	French Toast Sausage Link Fresh Fruit 100% Juice Fresh Biscuit	Cinnamon French Toast Sausage Link Fresh Fruit 100% Juice Muffin	Cold Cereal Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast	Fluffy Pancakes Bacon Fresh Fruit 100% Juice	French Toast Sausage Link Fresh Fruit 100% Juice Fresh Biscuit
L U N C H	Beef Pot Roast Classic Mashed Potatoes Pears French Cut Green Beans	Baked Macaroni and Cheese Fresh Peaches Stewed Tomatoes Baked Roll	Biscuit Chicken Pot Pie Mixed Fruit Salad Garden Green Salad	Crispy Chicken Strips Tater Tots Garlic Green Beans	Beef and Noodles Steamed Red Potatoes Maple Roasted Carrots Baked Roll Cherry Cheesecake	Cheese Ravioli with Pasta Sauce Vegetable Medley Breadsticks	Chicken Cordon Bleu Summer Pasta Salad Capri Blend Baked Roll
D I N E R	Ham Wrap Honeydew California Blend Pasta Salad Homemade Cookie	Beef Patty Melt Mandarin Oranges Tomato Soup Fresh Cornbread Homemade Cookie	Ham and Potato Soup Pears Tomatoes with Cottage Cheese Chocolate Pudding	BLT Sandwich Fruit Cocktail Cottage Cheese Vegetable Salad Homemade Cookie	All Beef Hot Dog Potato Salad Pineapple Chunks Cottage Cheese Vegetable Salad Banana Pudding	Homestyle Sloppy Joes French Fries Peaches 'n Pears Vegetable Pasta Salad Ice Cream	Grilled Ham Swiss Tomato Sandwich Cottage Cheese and Fruit Mixed Vegetables Homemade Cookie
Milk offered at every meal							Week 2

Dietitian's Signature: *Diane Jager 610128*
1-11-2024



	Sun 04-14-2024	Mon 04-15-2024	Tue 04-16-2024	Wed 04-17-2024	Thu 04-18-2024	Fri 04-19-2024	Sat 04-20-2024
B R E A K F A S T	Breakfast Sausage Taqitos Hash Browns Fresh Fruit 100% Juice	French Toast Bacon Fresh Fruit 100% Juice	Cheese Baked Eggs Fresh Fruit 100% Juice Whole Grain Toast	Buttermilk Pancakes Breakfast Ham Fresh Fruit 100% Juice	Scrambled Egg and Bacon Fresh Fruit 100% Juice Whole Grain Toast	Sausage Country Gravy and Biscuits Egg of Choice Fresh Fruit 100% Juice Fresh Biscuit	English Muffin Breakfast Sandwich Yogurt Fresh Fruit 100% Juice
L U N C H	Baked Meatballs with Gravy Mashed Red Potatoes Honey Roasted Carrots Baked Roll	Chicken A La King Rice Steamed Broccoli Baked Roll	Tuna Noodle Casserole Pear Fruit Cup Buttery Carrots Garlic Bread	Herb Crusted Turkey Classic Mashed Potatoes Mixed Vegetables Baked Roll Ice Cream	Chicken Bacon Ranch Casserole Corn Garlic Bread	Seasoned Baked Fish Rice Pilaf Peaches Brussels Sprouts	Classic Meatloaf Garlic Roasted Potatoes Vegetable Medley
D I N N E R	Classic Turkey Sandwich Pineapple Chunks Pickle Spear Chips Homemade Cookie	Hamburger Soup Peaches Glazed Baby Carrots Garlic Bread Homemade Chocolate Pudding	Beef Swiss Sandwich Potato Salad Tropical Mixed Fruit Green Salad Ice Cream	Egg Salad Grapes Green Salad Chips Homemade Cookie	Beef Quesadilla Spanish Rice Jello Salad Green Salad Jello Salad	Crispy Chicken Strips French Fries Melon Fruit Cup Cucumber Tomato Salad Chocolate Chip Brownie	Grilled Cheese Sandwich Applesauce Broccoli Cheese Soup Whole Grain Bread Vanilla Pudding
	Milk offered at every meal						Week 1

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	Sun 04-21-2024	Mon 04-22-2024	Tue 04-23-2024	Wed 04-24-2024	Thu 04-25-2024	Fri 04-26-2024	Sat 04-27-2024
B R E A K F A S T	Fluffy Pancakes Yogurt Fresh Fruit 100% Juice	Cold Cereal Hash Browns Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal Egg of Choice Fresh Fruit 100% Juice Cinnamon Roll Muffin	Sausage Country Gravy and Biscuits Egg of Choice Fresh Fruit 100% Juice	Cold Cereal Egg of Choice Banana 100% Juice Whole Grain Toast	Pancakes Sausage Link Fresh Fruit 100% Juice Whole Grain Toast	Cold Cereal Yogurt Fresh Fruit 100% Juice Whole Grain Toast
L U N C H	Chicken Alfredo Pasta Garlic Pasta Yellow Squash Baked Roll	Garlic Herb Pork Roast Classic Mashed Potatoes Buttery Carrots Baked Roll Ice Cream	Beef and Broccoli over Rice Fruit Cocktail Breadsticks	Open Face Hot Turkey Sandwich Cornbread Dressing Green Beans Baked Roll	Baked Ham AuGratin Potatoes Glazed Baby Carrots Baked Roll	Swedish Meatballs Buttered Noodles Fruit Cocktail Salad California Blend Baked Roll	BBQ Chicken Breast Garlic Breadsticks Melon Fruit Cup Steamed Broccoli
D I N E R	Ham and Cheese Sandwich Honeydew Marinated Tomatoes Chips	Griddled Tuna Salad Melt Pineapple Chunks Green Salad Onion Rings	Bratwurst on a Bun Chips Assorted Fruit Cucumber Dill Salad Butterscotch Pudding	French Dip Slider Pears Green Salad Garlic Bread Homemade Cookie	Chicken and Biscuits Peaches Vegetable Soup Crackers Banana Pudding	Ham Bunwich Apple Slices Brussels Sprouts Crackers Homemade Cookie	American Hamburgers French Fries Mandarin Oranges Lettuce Tomato Salad Breadsticks Ice Cream
Milk offered at every meal							Week 2

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1-11-2024



	Sun 04-28-2024	Mon 04-29-2024	Tue 04-30-2024	Wed 05-01-2024	Thu 05-02-2024	Fri 05-03-2024	Sat 05-04-2024
BREAKFAST	Scrambled Egg and Bacon Hash Browns Fresh Fruit 100% Juice Muffin	Blueberry Pancakes Sausage Link Fresh Fruit 100% Juice	Hot Cereal Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast	French Breakfast Casserole Bacon Fresh Fruit 100% Juice Whole Grain Toast	Cheesy Scrambled Eggs Hash Browns Fresh Fruit 100% Juice Whole Grain Toast	Cold Cereal Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast	Ham Egg and Cheese Casserole Fresh Fruit 100% Juice Whole Grain Toast
LUNCH	Pot Roast with Gravy Boiled Potatoes Applesauce Baby Carrots Baked Roll Homemade Cookie	Country Fried Steak with Gravy Garlic Mashed Potatoes Peas and Onions Baked Roll	Classic Chicken Lasagna Penne Pasta Capri Blend Breadsticks Homemade Cookie	Breaded Fish Fillet French Fries Coleslaw Baked Roll	Seasoned Salisbury Steak Buttered Noodles Parmesan Green Beans Baked Roll Snickerdoodle Brownie	Sauteed Chicken Breast Rice Pilaf Herb Roasted Vegetables Baked Roll Homemade Cookie	Country Style Pork Ribs Baked Beans Fruit Cocktail Corn on the Cob Baked Roll Ice Cream
DINNER	Classic Chicken Noodle Soup Pineapple Chunks Light Summer Salad Crackers Homemade Cookie	Cajun Shrimp Mac and Cheese Fresh Fruit Cup Seasoned Broccoli	American Hamburgers Watermelon Three Bean Salad Sweet Potato Fries	BBQ Pulled Pork Potato Salad Mandarin Oranges Green Salad Whole Grain Bread	Ham Sandwich Peach Jello Salad Cherry Tomato Salad Whole Grain Bread	Taco Salad Citrus Banana Salad Spanish Rice Homemade Cookie	Creamed Tuna over Biscuits Pears Green Salad Fresh Cornbread
Milk offered at every meal							Week 3

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