



	Sun 06-30-2024	Mon 07-01-2024	Tue 07-02-2024	Wed 07-03-2024	Thu 07-04-2024	Fri 07-05-2024	Sat 07-06-2024
B R E A K F A S T	Fluffy Pancakes Yogurt Fresh Fruit 100% Juice	Cold Cereal Hash Browns Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal Egg of Choice Fresh Fruit 100% Juice Cinnamon Roll Muffin	Sausage Country Gravy and Biscuits Egg of Choice Fresh Fruit 100% Juice	Cold Cereal Egg of Choice Banana 100% Juice Whole Grain Toast	Pancakes Sausage Link Fresh Fruit 100% Juice Whole Grain Toast	Sausage Country Gravy and Biscuits Yogurt Fresh Fruit 100% Juice Whole Grain Toast
L U N C H	Chicken Alfredo Pasta Garlic Pasta Yellow Squash Baked Roll	Garlic Herb Pork Roast Classic Mashed Potatoes Buttery Carrots Baked Roll Ice Cream	Beef Pot Pie Fruit Cocktail French Cut Green Beans Breadsticks	Baked Beef Ravioli Cornbread Dressing Green Beans Baked Roll	Baked Ham AuGratin Potatoes Glazed Baby Carrots Baked Roll	Swedish Meatballs Buttered Noodles Fruit Cocktail Salad California Blend Baked Roll	BBQ Chicken Breast Garlic Breadsticks Melon Fruit Cup Steamed Broccoli
D I N E R	Ham and Cheese Sandwich Honeydew Marinated Tomatoes Chips	Griddled Tuna Salad Melt Pineapple Chunks Green Salad Onion Rings	Bratwurst on a Bun Chips Assorted Fruit Cucumber Dill Salad Butterscotch Pudding	Open Face Turkey Sandwich Pears Green Salad Garlic Bread Homemade Cookie	Chicken and Biscuits Peaches Mixed Vegetables Banana Pudding	Ham Bunwich Apple Slices Brussels Sprouts Crackers Homemade Cookie	American Hamburgers French Fries Mandarin Oranges Lettuce Tomato Salad Ice Cream
Milk offered at every meal							Week 2

Dietitian's Signature: *Diana Jager 610128*
4-29-2024



	Sun 07-07-2024	Mon 07-08-2024	Tue 07-09-2024	Wed 07-10-2024	Thu 07-11-2024	Fri 07-12-2024	Sat 07-13-2024
B R E A K F A S T	Scrambled Egg and Bacon Hash Browns Fresh Fruit 100% Juice Muffin	Blueberry Pancakes Sausage Link Fresh Fruit 100% Juice	French Toast Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast	French Breakfast Casserole Bacon Fresh Fruit 100% Juice Whole Grain Toast	Cheesy Scrambled Eggs Hash Browns Fresh Fruit 100% Juice Whole Grain Toast	Cold Cereal Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast	Ham Egg and Cheese Casserole Fresh Fruit 100% Juice Whole Grain Toast
L U N C H	Pot Roast with Gravy Boiled Potatoes Applesauce Baby Carrots Baked Roll Milk	Country Fried Steak with Gravy Garlic Mashed Potatoes Peas and Onions Milk	Classic Chicken Lasagna Capri Blend Breadsticks Milk	Breaded Fish Fillet French Fries Coleslaw Milk	Seasoned Salisbury Steak Buttered Noodles Parmesan Green Beans Milk	Pepperoni Pizza Garden Pasta Salad Milk	Broccoli Ham Casserole Fruit Cocktail Garden Green Salad Milk Ice Cream
D I N N E R	Classic Chicken Noodle Soup Pineapple Chunks Light Summer Salad Breadsticks Homemade Cookie	Baked Macaroni and Cheese Fresh Fruit Cup Stewed Tomatoes Chocolate Pudding	All Beef Hot Dog Watermelon Three Bean Salad Sweet Potato Fries Soft Chocolate Chip Cookie	BBQ Pulled Pork Potato Salad Mandarin Oranges Green Salad Whole Grain Bread Chocolate Chip Brownie	Ham Sandwich Peach Jello Salad Cherry Tomato Salad Whole Grain Bread Homemade Cookie	Taco Salad Citrus Banana Salad Spanish Rice Homemade Cookie	Creamy Chicken Tortellini Soup Pears Balsamic Tomato and Cucumbers Fresh Combread Ice Cream
	Milk offered at every meal						Week 3

Dietitian's Signature: *Diana Jagan 610128*
4-29-2024



	Sun 07-14-2024	Mon 07-15-2024	Tue 07-16-2024	Wed 07-17-2024	Thu 07-18-2024	Fri 07-19-2024	Sat 07-20-2024
B R E A K F A S T	Sausage Potato Bake Hash Browns Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast	Cheesy Scrambled Eggs Hash Browns Fresh Fruit 100% Juice Fresh Biscuit	Homestyle Pancakes Sausage Link Fresh Fruit 100% Juice Fresh Biscuit	Poppy Seed Muffin Egg of Choice Fresh Fruit 100% Juice English Muffin	Bacon and Egg Muffin Fruit Cocktail 100% Juice	Belgian Waffle Breakfast Ham Fresh Fruit 100% Juice English Muffin
L U N C H	Classic Meatloaf Noodles Green Beans Baked Roll	Baked Ziti Mixed Fruit Medley Green Beans Crusty Garlic Bread	Oven Roasted Pork Baked Yams Fruit Toss Brussels Sprouts Baked Roll	Pesto Chicken Classic Mashed Potatoes Baby Carrots Baked Roll	Classic Lasagna Mixed Melons Vegetable Medley Garlic Bread	Lemon Baked Fish Mushroom Rice Steamed Broccoli Baked Roll	Chicken Cordon Bleu Rice Pilaf Fruit Cup Sauteed Zucchini Baked Roll
D I N N E R	Chicken Salad on Croissant Fruit Cocktail Sliced Tomatoes Whole Grain Bread Homemade Cookie	Egg Salad Plate Spring Fruit Cup Green Salad Baked Roll Ice Cream	American Hamburgers Chips Assorted Fruit Pickle Spear Homemade Cookie	Grilled Turkey Cheddar Sandwich Applesauce with Yogurt Pickle Spear Whole Grain Bread Chocolate Pudding	Hot Ham Cheese Sandwich Fresh Pears Green Salad Tater Tots Pudding with Vanilla Wafers	All Beef Hot Dog French Fries Tropical Mixed Fruit Vegetable Pasta Salad Homemade Cookie	Broccoli Cheese Soup Assorted Fruit Pickle Chips Breadsticks Whipped Jello
Milk offered at every meal							Week 4

Dietitian's Signature: *Diana Jager 610128*
4-29-2024

Weekly Menu
Cherry Hill Haven of Traverse City



	Sun 07-21-2024	Mon 07-22-2024	Tue 07-23-2024	Wed 07-24-2024	Thu 07-25-2024	Fri 07-26-2024	Sat 07-27-2024
B R E A K F A S T	French Toast Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast	Sausage Scramble Hash Browns Fresh Fruit 100% Juice Whole Grain Toast	Buttermilk Pancakes Egg of Choice Fresh Fruit 100% Juice	Baked Omelet Bacon Fresh Fruit 100% Juice Whole Grain Toast	Brown Sugar French Toast Egg of Choice Fresh Fruit 100% Juice	Skillet Eggs with Hash Browns Fresh Fruit 100% Juice Fresh Biscuit	Deluxe Waffle Bacon Fresh Fruit 100% Juice Cinnamon Toast
L U N C H	Honey Glazed Ham Fresh Cooked Yams California Blend Baked Roll	Crispy Chicken Strips Classic Macaroni Salad Baby Carrots	BBQ Chicken Breast Herb Mashed Potatoes Roasted Summer Squash Baked Roll	Roasted Pork Classic Mashed Potatoes Grilled Asparagus Baked Roll	Cheesesteak Quesadillas Mushroom Rice Peas and Carrots Baked Roll	Baked Fish Fillet Fresh Fruit Green Beans	Herb Roasted Turkey Homestyle Stuffing Roasted Brussels Sprouts
D I N E R	Classic Tuna Salad Sandwich Strawberries Buttery Carrots Mini Croissant Roll Milk Homemade Cookie	Sloppy Joes Ranch Roasted Potatoes Grapes Corn Savory Rice Milk Ice Cream	Ham and Cheese Hoagie Watermelon Vegetables with Ranch Dip Milk Chocolate Chip Brownie	Spaghetti with Marinara Meat Sauce Pears Garlic Green Beans Garlic Bread Milk Homemade Cookie	Bratwurst on a Bun Orange Cottage Salad Pickled Beets Chips Milk Banana Pudding	Corned Beef and Swiss on Rye Sweet Potato Fries Tropical Mixed Fruit Tomato Soup Crackers Milk Homemade Cookie	Classic Stuffed Peppers Mixed Fruit Medley Normandy Blend Milk Ice Cream
Milk offered at every meal							Week 5

Dietitian's Signature: *Debra Jager L10128*
4-29-2024